## **NSS** Activities

National Service Scheme (NSS) was introduced in 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. 'Education through Service' is the purpose of the NSS. The ideological orientation of the NSS is inspired by the ideals of Mahatma Gandhi. NSS unit of the Gharda Institute of Technology has organized various activities and are listed in the Table.

Sr. No.	Name of the extension activities	Impact
1	Blood Donation Camp	Lowers the risk of heart disease and heart attack
		Lowers the iron stores in the body
		May reduce the risk of developing cancer
		Improve the healthiness of the liver
2	Tree plantations	Trees contribute directly to the environment by providing oxygen, improving air quality, climate amelioration, conserving water, preserving soil, and supporting wildlife.
3	Swachhata rally	The mission of swachhata rally is to clean our country and remove its dirt and dust.
4	Mandir swachhata abhiyan	The purpose of mandir swachhata abhiyan is to clean the temple localized area which leads to improve the cleanliness.
5	Mandir swachhata and lecturer on social work	The purpose of mandir swachhata abhiyan is to clean the temple localized area which leads to improve the cleanliness.
6	Hostel swachhata Abhiyan	The purpose of hostel swachhata abhiyan is to clean the hostel localized area which leads to improve the cleanliness.  Cleanliness gives rise to a good character by keeping body, mind, and soul clean and peaceful.
7	Bus stop swachhata Abhiyan	The purpose of bus stop swachhata abhiyan is to clean the bus stop localized area which leads to improve the cleanliness at the bus stop.
8	Lecture on yoga	Yoga improves strength, balance and flexibility. Slow movements and deep breathing increase blood flow and warm up muscles, while holding a pose can build strength
9	Health camp	The objective of Health camps is to screen the patients in each and every village of the taluka at their door step covering the whole state, give health related awareness, distribute medicines to treat common diseases and refer, as the case may be for surgery/treatment
10	Gav swahhata	The purpose of village swachhata abhiyan is to clean the village localized area which leads to improve the cleanliness in the village.

## **Link to the Photo Gallery:**

https://drive.google.com/file/d/1InyvoAQZ86WtOm8u572uNP5lnQy4tNml/view?usp=sharing